



THE THIRTEENTH SUNDAY AFTER PENTECOST

SUNDAY 22 AUGUST 2021

THE HOLY EUCHARIST, RITE I

8:00 A.M.

Page numbers refer to the Book of Common Prayer.

Welcome and Announcements

THE WORD OF GOD

Opening Acclamation	BCP p. 323
The Collect for Purity	p. 323
Kyrie eleison	p. 324
The Collect of the Day	p. 181

The Lesson: Ephesians (6:10–20)

The Holy Bible (NRSV) p. 1069

Commentary:

Earlier in Ephesians, Paul encouraged strength and unity within the body of Christ and now he explained the need and reason for this: the church is at war with a spiritual enemy. Anyone who wants to obey God and resist the devil is in for a struggle. To be strong in the Lord, human cooperation must be combined with divine enabling. God supplies the armor, but the believer has to put it on. The armor of God is designed for offensive as well as defensive use, and successful spiritual warfare is undergirded with prayer; the best preparation for spiritual battles is constant prayer. Paul appreciated and relied upon the power of prayer, and he asked his readers to pray for the effectiveness of his witness and ministry.

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

The Word of the Lord.

People **Thanks be to God.**

The Holy Gospel of our Lord Jesus Christ according to John.

Glory be to thee, O Lord.

Jesus said, “Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, “This teaching is difficult; who can accept it?” But Jesus, being aware that his disciples were complaining about it, said to them, “Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.” For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, “For this reason I have told you that no one can come to me unless it is granted by the Father.” Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, “Do you also wish to go away?” Simon Peter answered him, “Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.”

The Gospel of the Lord.

Praise be to thee, O Christ.

The Homily

The Reverend Cheryl Brainard

The Nicene Creed

p. 327

The Prayers of the People

p. 328

Confession of Sin

p. 330

The Peace

p. 332

The Holy Communion *(Gluten-free wafers available)*

Eucharistic Prayer I

p. 333

Sanctus

p. 334

The Lord’s Prayer

p. 336

The Breaking of the Bread

p. 337

Prayer of Humble Access

p. 337

The Communion of the People

p. 338

Prayer of Thanksgiving

p. 339

The Blessing

p. 339

The Dismissal

p. 339

Celebrant & Preacher: The Reverend Cheryl Brainard

*The flowers at the altar are given to the Glory of God
and in loving memory of Lu and Mary Oakley, Joe and Mary Peck.*

ST. JAMES PARISH

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