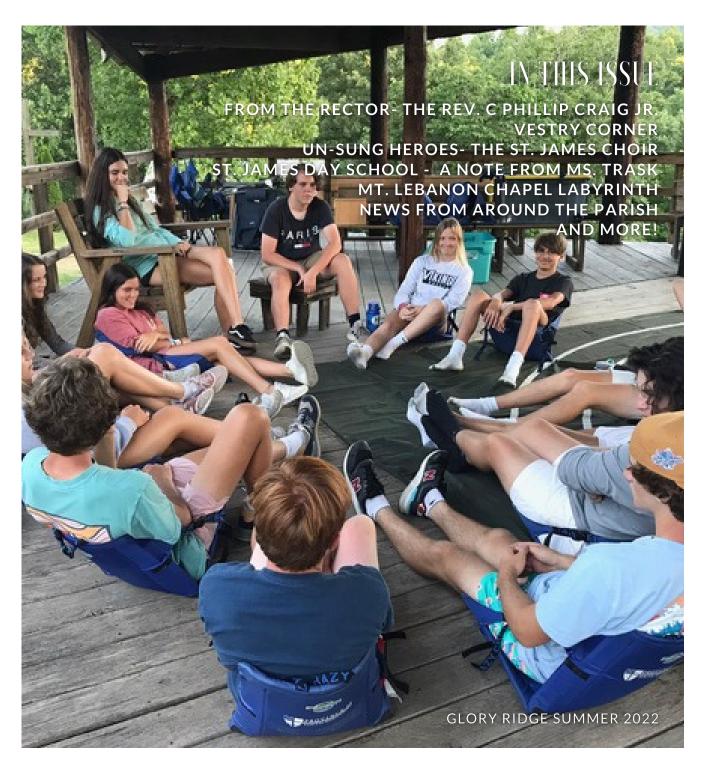
GRAPEVINE

GROWING TOGETHER IN LOVE OF GOD AND NEIGHBOR



STJAMESP.ORG AUGUST 2022

From the Rector

Dear Parish Family,

Jennifer and I were delighted to have our son Sam arrive here in Wilmington last week, giving us a very brief window of time to have all three of our children at home together. By the time you read this, our daughter EllaKathryn will have departed for her junior year of college. Just like that. I trust many

of you are familiar with this experience.

One of the most special parts of this short time - for me - was having all five of us gather together at the dinner table. Not too many years ago this would have been a common, almost daily occurrence - easily taken for granted. I'll admit I felt a bit sentimental about the gift of these recent evenings, knowing that in a short time the Craigs would soon become dispersed again for the foreseeable future.

Here, in the height of our summer schedule, I've been happy to see similar scenes as we gather together on Sunday mornings. Grown children home - extended families together - truly a wonderful and traditional Wilmington and St. James Parish summer.

It's wonderful and encouraging to see everyone at worship and in such good numbers. At the same time, it's not lost on me that our beloved downtown sanctuary and our Mount Lebanon Chapel are putting us at more than one table this season and that members of our parish family aren't seeing each other on a more regular basis.

There are lots of folks at work this summer intentionally making plans for our fall season. With the amazing help of many talented parishioners, our staff members are individually and collectively imagining and organizing meaningful programming. We are most delighted to have Gray Hodsdon on board as our new Associate Rector and also Ansley Trask as the Director of our Day School. The clergy and vestry will be holding our annual retreat at Trinity Center on August 5-6, to prayerfully continue the mission-minded business of our parish.

I wish you and your families a safe and fun month of August. Importantly, I am already excited to gather all of us together on Sunday, September 11th, once again around the same family table.

Blessinas.

The Rev. C. Phillip Craig, Jr. phillip@stjamesp.org



Vestry Corner

On July 16th, we welcomed Rev. Joseph "Gray" Hodsdon to St. James as an Associate Rector. This is indeed a happy time and we know you will join the vestry in making Gray and his wife, Catie, feel a very warm welcome to our church family! His addition to the Clergy facilitates the expansion of rich worship, outreach, fellowship, and programs for all of St. James. Welcome, Gray!

We finished July with a LOT of fun! St. James hosted a full week of "Food Truck Party" Vacation Bible School where over 60 children came to learn about how God always provides, and spent time with other youth and adults in our parish here to love and support them! During the week we focused on Bible stories involving food. Can you figure out the Bible story related to this line from one of the songs..."We get the manna in the morning and the quail every night!" A huge thanks to all of the volunteers, staff, clergy and especially Shannon Lockamy for your time, energy and dedication to make St. James VBS 2022 a great one!!

Every other month we have a "Commissions Meeting", this meeting includes clergy, vestry and our incredible parish commission leaders. We held our most recent meeting on Wednesday, July 27th. We discuss upcoming events, ideas, compare calendars and discuss how we can work together to further the strategic plan and help all feel welcome at St. James. If you are interested in getting involved in one of the many missions, committees, or groups that make our church the "hands and feet" of God, please reach out to the Clergy, Staff, or any Vestry Member and we will help you discern the place you are called to help make a difference!

The Summer Newcomer mingle ("Hardy Party") returns again this year after a brief hiatus and we look forward to a beautiful gathering of newcomers and parishioners. Thank you to Drs Marie and Stuart Hardy for hosting this special event.

In early August, the Vestry is headed to the Trinity Center for our mid-year retreat. We will be focusing on the upcoming year and what it will look like, how we can continue to improve how we are a neighbor to those around us. Be on the lookout in next month's vestry corner for a reflection of our weekend together.

Finally, we wanted to pass along some generally "non-publicized" information that you may find helpful. Currently, all online donations through Realm (whether a single event/donation or a regular pledge) provided with a credit card incur a 3% fee. Even giving using ACH (bank draft) incurs a 1% fee. Obviously, this cost is part of doing business in this age and St. James does plan for these fees (through the great wisdom of our finance committee and yearly budget). However, anytime you are able to offset the cost to St. James we are able to use more money directly towards furthering the mission of our parish. In Realm, it will ask if you would like to add a small amount to offset these fees and when you are able, we encourage you to consider doing so. Of course, checks delivered to the church are always welcome as well and are not subject to such "fees" - at least not yet! Regardless of how you choose to give, we thank you for doing so; it makes so many good things happen in His name!

Steve Thomas (Senior Warden) & Leslie Jarrett (Junior Warden)



HAPPENING AT ST. JAMES

SUMMER SERVICE TIMES Thru September 4

ST. JAMES PARISH

8:00 a - RITE I 10:30 a - RITE II MT. LEBANON CHAPEL

8:30 a - RITE II 9:30 a - RITE II

LIVESTREAM 10:30 a - RITE II



WEEKDAY OPPORTUNITIES

M

MORNING PRAYER

MONDAY - FRIDAY | 5:00 p.m.. Join us on 700m

LIVING WELL IN GRIEF

SELECT MONDAYS | 8:00 a.m. Graham Parlor or Zoom

YOUTH BIBLE STUDY

WEDNESDAYS | Depends on location! Ask Cookie!

HOLY EUCHARIST

WEDNESDAYS | 12:10 p.m. Celebrating Holy Communion

EPISCOPOSSE WOMEN'S BIBLE STUDY

1st & 3rd WEDNESDAYS | 8:15 p.m. Join us on Zoom

Thoughts from the Clergy

by the Rev. Gray Hodsdon

Everything about our lives—food and sleep, work and play, day and night—is shaped by time. So, it is only fitting that in our church, we are equally shaped by time—specifically, liturgical time. Much like our regular calendars are marked by seasons, our liturgical calendars are marked by seasons as well. But what about this long stretch of time in the Summer and Fall often referred to as ordinary time?

The term "ordinary time" originates in the Roman Catholic Church but is often used by Episcopalians to describe the time between the Feast of the Baptism of our Lord and Ash Wednesday as well as the long stretch of time between the Day of Pentecost and the first Sunday of Advent. It is also known as the "green season," because green is the standard liturgical color for these portions of the Church Year.

The title may lead us to believe that this time is somehow less important than the other seasons; that church goes into "recess" over the summer while many of us go on our vacations. But this time is no less important. In fact, this stretch of time is when we hear much of the life and teachings of Jesus in the Gospels, among other large portions of the Bible.

The church year follows a three-year cycle of readings—years A, B, and C—known as the Revised Common Lectionary. And in this year (year C), the season after Pentecost generally features select passages from Luke in sequential order. All three years culminate with a turn toward God's kingdom and Jesus's second coming, known as the eschaton. This turn seamlessly leads us into Advent, in which the annual cycle comes full circle and begins again.

So, while this longest stretch of the Church Year may be widely known as "ordinary," what we hear in Scripture during this time is anything but.

Did you know...

SANCTUS BELLS ARE RINGING AT ST. JAMES PARISH

You may have noticed bells being rung on occasion during the Holy Eucharist. Here at St. James, we are trying the practice of using these bells, which are known as Sanctus Bells. Sanctus Bells are rung by a server during the Eucharist to emphasize and call attention to particular moments in the liturgy. Their name comes from the practice of ringing the bells three times during the Sanctus (Holy, Holy, Holy, Lord).

Often Sanctus Bells are rung during the Eucharist when the celebrant elevates the elements of bread and wine. The practice of accompanying the Sanctus with bells dates from the fifteenth century. If you have thoughts or questions about the use of Sanctus Bells, please feel free to talk with our Rector (phillip@stjamesp.org).



Speaking of bells! Wes' grandson Palmer joined us one Sunday to help ring the big bell!

WE'VE GOT NEW FINISH SHINE

Wes has been busy! As filming wrapped up at St. James last year, Wes noticed that the hardwood floors in the Parish House and the Great Hall had seen some extra wear. Our fabulous Facilities Manager, sprung into action and worked with the film production company to refinish and restore our beautiful campus.









BEHIND THESE DOORS IS A HIDDEN PIRATE TREASURE

Ecce Homo (Behold the Man), a famous oil painting by artist Francisco Pacheco, hangs behind these doors. Three Spanish ships attacked and occupied the town of Brunswick in 1747, driving out the inhabitants.

Three days later, men of the area gathered to drive out the Spanish. A carefully aimed or unusually lucky shot lobbed a shell onto the Spanish privateer Fortuna, still anchored in the Cape Fear River beside the town. The Fortuna exploded and the other two ships sailed down river, where they paused to exchange prisoners.

Ecce Homo was among the goods removed from the sinking ship. The colonial assembly in May 1751 voted to present the painting to St. Philip's Church in Brunswick. When Brunswick was abandoned after the American Revolution, the painting was moved to St. James Episcopal Church.

(source: ncpedia.com - William S. Powell, 2006)

Blessing the Labyrinth

TOGETHER WE LEAVE A LEGACY

This summer, St. James took on a special evangelism and community engagement project through the placement of a permanent Labyrinth at Mt. Lebanon Chapel. The Labyrinth offers the wider community and St. James parishioners an opportunity to experience the ancient means of walking meditation that has been used by different cultures for more than 4000 years. The singular, circular path, leading to the center and returning to the outside, offers a time for reflection, a time for prayer, a time for centering, a time for calming the mind and spirit, and a time to listen to the quiet whisper of God. Installing the Labyrinth at Mt. Lebanon Chapel has a fundraising goal of \$48,000. We're 82% of the way there. As of today, we've raised \$39,000 for this special project. Together we are building a great spiritual tool for our parish and our wider community.



To make a gift, please contact Maria Hollopeter by email: finance@stjamesp.org or 910-763-1628 or visit: stjamesp.org/blog/mlc-labyrinth/

VACATION BIBLE SCHOOL

Vacation Bible School - Food Truck Party took place the last week of July. We had so much fun hosting over 60 children from our community for this wonderful event. Together, we learned about God's love and provision for his people. We thank everyone who helped make this happen. From the donations, to the volunteers, we could not produce such a great program without you.







AROUND THE PARISH

"Reflections" with Bob Godley

byTom Hackler

Bob resides at Trinity Grove and is visited most days by his wonderful daughter, Julie, with occasional visits by others. I've had this idea of connecting our greatest generation with our parish and sharing their stories for some time. I stopped by to see Bob. One of Bob's earliest memories took place in Wrightsville Beach in 1942 when he was 6 years old. Bob witnessed WWII firsthand as a child. He and his dad could see ships on fire from German torpedoes. There were prison camps in Wilmington where foreign prisoners were housed during the war. Shell island was a target range. Airplane pilots practiced dropping bombs. A serious time in our history. America's freedom at stake. How we forget. Bob says, "there is so much that people today don't know or have forgotten about war."

Bob was born in Wilmington, Delaware in 1936. The family moved to Wilmington, NC. Like so many of his peers, he met his sweetheart, Julie, in high school. She went to Duke; he went to NC State. Her dad worked at the shipyard and owned a tire store. Bob studied Industrial Engineering. They were married for almost 46 years. Bob began his career.

studied Industrial Engineering. They were married for almost 46 years. Bob began his career in Akron, Ohio with Babcock & Wilcox. He then started a long career with DuPont, living in Kinston, NC, then Wilmington, Delaware and finally moving back to Wilmington, NC in 1969, working for almost 33 years with DuPont.

Bob has been a life-long member of St. James Parish. He was appointed as the Chairman of the Mt. Lebanon Chapel committee and led the committee for about 20 years. Organizing up to 32 volunteers to cut debris, mow the lawns, and add new plants to the grounds. The grounds have grown from an overgrown field to a beautiful well-maintained landscape, providing quiet peace to all who visit. Bob was personally motivated as a boy in this kind of activity as he took a great interest in watching his grandmother's garden. He subsequently became a master gardener when he retired. With the addition of the new memorial garden and restrooms a few years ago, lawn service professionals now maintain the grounds.

I asked Bob about his greatest joys in life. There was a long pause as he thoughtfully considered his reply. "Family first" was his reply; he and his wife raising their children, son Baird, and daughter Julie. Working, going to church, coaching youth basketball at the YMCA. Teaching the values of sportsmanship. There was a twinkle in his eye as he shared that his grandson McLean became the youngest person ever elected to City Council in Greenville, NC at age 23. He has since gone on to earn his MBA. Final thoughts: Bob has never known a stranger. Take time to get to know somebody new. Always show love and kindness to others. Set your goals high and feel you can achieve what you want. Grace abounds in the quiet, steady, God-centered life.

(If you thought this war story was interesting, suggest listening to the 13-part podcast series, "The Cold War, Prelude to the Present" by Bill Whittle)

QUIET REFLECTION

August 6, 2022 | 7:30-8:30 a.m. | Mt. Lebanon Chapel

We invite you to join us on the first Saturday of each month, the next one being August 6th, for an hour of quiet reflection at Mt. Lebanon Chapel from 7:30-8:30 AM. Come enjoy the peace and stillness. Walk the Labyrinth. Rest in the presence of God. All are welcome.





MEET THE ST. JAMES CHOIR

AROUND THE PARISH

We see and hear the St. James Choir each week, and we might know the faces. With this Grapevine issue we begin to introduce the members of the choir, beginning with those who have served longest, and who share what it's like to lift our praises to the glory of God and in service to St. James Parish by means of a very special ministry.

ANN HALE - "My first choir was the youth choir at St. Andrew's Episcopal Church in Greensboro, N.C., my hometown. I started piano lessons at a young age, and when I was in high school, I sang with the glee club and then accompanied the group on the piano. I was a member of the girls' chorus and a smaller vocal ensemble my first two years of college. I did no choral singing for many years after that but enjoyed singing in the congregation of various episcopal churches, including St. James, which I first attended in the mid-1980s while I lived in Wilmington. My career path took me back to Raleigh, where my husband Bill and I joined the choir at Christ Episcopal Church after we were married in 1993. We also joined the choir at St. James shortly after we bought a condo in 2004 for weekend trips to Wilmington. We loved working with Candy and David Williams and, although Raleigh was still our principal

residence, we sang with the choir here whenever we were in town. We finally made Wilmington our permanent home in 2015 and were thrilled to become full-time members of the choir and of St. James. The St. James choir includes a lot of very interesting, talented, and friendly people. I have enjoyed working with John Sullivan, who, in addition to being a skilled musician, is someone I admire and consider a dear friend. I love singing with the St. James choir and consider it a privilege to do so."

SARA WESTERMARK - Sara Westermark, lyric soprano, is a celebrated regional soloist, renowned private voice teacher, and metalsmith. Sara graduated with a Master's in Voice Performance magna cum laude from the University of Missouri School of Music where she performed such roles as Pamina from Magic Flute, Susannah from Floyd's Susannah, Mother Hansel and Gretel, Poppea l'incornatione di Poppea, and Susanna Le Nozze di Figaro. Sara has performed as a soloist with the Wilmington Symphony, UNCW Opera, Tallis Chamber Orchestra, Opera Wilmington, Wilmington Oratorio Society, Southeastern Oratorio Society, the Wilmington Choral Society, the Wilmington Guild of Organists, and serves as a soprano section leader for the St. James Episcopal Church Choir. Her students have won top state, regional, and national accolades and awards through the National Association of Teachers of Singing Student Auditions, the Schmidt High School Classical Voice Competition

and they have received admission and scholarships to top music conservatories and universities. Sara's work with young singers was published in a book by Karen Brunssen, "The Evolving Singing Voice: Changes Through the Lifespan". An avid animal lover, Sara enjoys spending time with her family and animal companions and pursuing new creative projects

Sara shared, "I came to St. James after the death of my beloved choir director Larry Cook from St. Paul's. I had been sick with Lyme disease and needed income to pay the expensive treatments. I asked John Sullivan if he needed a soprano section leader and he hired me when a space opened up. This was a godsend to me. My kids began to attend choir and church with me because they knew how much energy climbing the balcony stairs and singing for two services took out of me. For the first three to four years I slept the rest of Sunday after singing for two services. I love listening to the inspired rectors at St. James. The act of service in singing for God, listening to the organ, singing with such talented choir members, and praying with intercessors for health has been instrumental in my healing journey. Today I function at about 85-90% normally in my life. St. James is a big part of my healing journey because you gave me a place to serve when I was broken. You lifted me up and welcomed me and my family to be a part of the community. You accepted my non-binary child and made them feel welcome. St. James is a community of love and is my church family. I'm grateful for the blessings I have received from St. James. "



AROUND THE PARISH

MEET THE ST. JAMES CHOIR

BOB WORKMON - Tenor Bob Workmon, grew up near Savannah, Georgia, with his three younger brothers. He graduated from the music program at the University of South Florida in Tampa with a B.A. in music. His long public radio career began while an undergraduate at USF. Bob has been a soloist with the Greensboro Symphony Orchestra, Winston-Salem Symphony, Piedmont Chamber Singers, and the Greensboro Oratorio Society. His opera experience includes roles in Donizetti's The Daughter of the Regiment, Mozart's The Magic Flute, and Verdi's La Traviata. A Wilmington resident since 2006, he joined the St. James Choir in 2007 and has been a member, with a couple of breaks, to the present.

Bob had often said, "There's no better feeling than singing with people who feel almost like family. That's what the St. James Choir is to me. And, for me, there's no more intimate prayer than one offered up in song."

Bob is known, too, for his Wilmington Theatre Award-winning performance as Tony in Opera House Theatre Company's *The Most Happy Fella*, and for Javert in the company's production of *Les Miserables*. He is a freelance arts correspondent for the Wilmington Star-News when not singing at St. James. He is most proud of his grown children, Ben and Julia.

VANCE MOSER - "Choir has been a part of my life since I was age 10. I was a soprano then and the choirmaster paid about 8 of us boys \$1 a month to sing at the regular 11 PM service. After 2 years we moved and life occurred so it was about 22 years before I was in another choir. However, I had been playing the trumpet and singing in college so music was still important to me. I sang in my next church choir for about 25 years and in a local oratorical society. Life intervened again, we moved to Vermont, and Carol and I were not churched for the next 15 years, but I did get to sing in the Dartmouth College Alumni Glee Club and 2 years with the Handel Society at Dartmouth College including performing at the Christmas show in Carnegie Hall. Then we came to the Wilmington area in 2005 and I started singing with the Cape Fear Chorale. After Carol died in

2014 I joined the choir at St. James. Singing means a lot to me on several levels. There could be no God if humanity was not able to sing his praises."

CHILDREN'S CHOIR RETURNS THIS FALL

Attention, St. James families! Mark your calendars for this fall's children's choir!
Rehearsals will be on Wednesdays in the late afternoon the children's choir will sing on appointed Sundays throughout the year.
Below is the schedule. Please contact Mr.
John at music@stjamesp.org if you have any questions!

Session One (Fall of 2022):

- September 28 October 19
- October 5
 October 26
- October 12

Presentation: November 6 / All Saints Sunday





















Food, Fellowship & Outreach

MEN ON A MISSION BBQ ON THE ICW!

Mark your calendars for August 28th! All men of St. James and their male guests ages 21+ are invited to join the



St. James Men on a Mission under beautiful live oaks along the Intracoastal Waterway hosted by Jack and Mary Clark Sunday, August 28th from 4:00-6:30 p.m. This event will be catered by Jackson's Big Oak Barbecue and will feature another specialty brew made by the MoM Brew Crew! More information to follow. Come ready for fun, fellowship, and great food and drink in the shade and ocean breezes along the water!



HOSPITALITY AT HOME

Sunday, August 14 | 10:30 a.m - 1:00 p.m. | Bill and Happy Clark's The Bread Breakers invite all members of the Bread Breakers to join us on August 14th following the Mt. Lebanon Chapel 9:30 a.m service at the Wrightsville Beach home of Bill and Happy Clark. Come in your swimsuit or come just for outside yard play. Please plan to bring a side dish to share and don't forget to RSVP online!

MoM HAPPY HOUR AT TRU COLORS TAP ROOM

August 4 | 5:15 - 6:45 pm | 715 Greenfield Street
All men of St. James and their adult male guests are invited
to a fun Happy Hour at the TRU Colors taproom offering a
dozen delicious beers on tap! Come meet our new
Associate Rector, Gray Hodson, and the first beer or soda for
each MoM member is on MoM!

EPISCOPAL CHURCH WOMEN - AUGUST GATHERING

August 17 | Trinity Center
Please join Episcopalian Church
Women from across the Diocese
of East Carolina for our August
Gathering at Trinity Center in Pine Knoll
Shores on August 17, 2022

- 9:00 a.m. Registration
- 9:30 a.m. Welcome from new Trinity Executive Director, John Koch and Brief Meeting
- 10:00 a.m. Racial Understanding, Amy Swain, PhD, ECU Associate Faculty of Research &
- Innovation with the Rural Education Institute
- 11:00 a.m. Holy Eucharist Rite II with Bishop Skirving with special Litany in Aftermath of Gun Violence; accompanied by Janet Ward, St. James Parish ECW
- 12:00 p.m. Lunch
- 1:00 p.m. Guest Speaker, Sheri Castle

Cost per person \$30. Learn more about this great opportunity to gather at *stjamesp.org/ecw*

ECW OUTREACH: OFFICE SUPPLY DRIVE FOR TRINITY CENTER

The Episcopal Church Women of the Diocese of East Carolina are taking on the supply needs of our friends in the office at the Trinity Center. We're inviting you to participate in our Office Supply Drive by bringing your donations to the Bacon House at the corner of 3rd and Dock during office hours any time before August 16th!

For the Supply Drive, the Trinity Center Office Staff shared their wish-list:

- Reams of standard white printer paper.
- 3-Tab Manila Folders
- Steno Note Pads
- Standard Legal Note Pads
- Plan White Business Envelopes
- Padding Mailing Envelops of Varying Size (these are used to return lost and found items)
- Mailing Labels
- "Hello, My Name Is..." Sticker name tags
- Expo Brand Dry Erase Markers (other brands do not do as well on their dry erase board)
- Dry Erase Board Erasers
- 3" x 5" Post it notes



Another need: Travel Sized Toiletries and Spare Toothbrushes for guests who are in need.

On the Horizon

NEWCOMER ORIENTATION

Tuesdays, 5:30 - 7:00 PM | October 25, November 1, & November 8 St. James Orientation, "SJO," beginning Tuesday, October 25, 2022. This three-part series provides a comprehensive look at our church.

- Session 1 Learn your way around the St. James campus and listen to the history of the Church
- Session 2 Get acquainted with programs and ministries you may want to join
- Session 3- Meet the Clergy and hear their stories

Contact communications@stjamesp.org to register.

WELCOME SUNDAY- SEPT. 11

Make plans to be in town on Sunday, September 11th. Our Parish family will be reuniting downtown for our Annual Welcome Sunday, to kick off fall programing at St. James. Join us following the 10:30 a.m. service to enjoy time with one another as we bounce, cookout, and listen to some wonderful live music.



LIVING WELL IN THE MIDST OF GRIEF

August 1 | 5:00 p.m. | Graham Parlor or on Zoom When we face an ending or a loss, we can experience grief in a number of ways and one size does not fit all. Come join us as we take this journey together. Reach out to the Rev. Cheryl

Brainard at cheryl@stjamesp.org for more information.

IN OUR PRAYERS:

Donna Chesser, Ann Cook, Lane Cox, Ann Dols, Bob Godley, Yvonne Fravel, Van King, Bitty Reich, Laurens Wright



EDUCATION FOR MINISTRY BEGINS ANEW THIS FALL

Do you have questions about your faith? Most people do and most find it challenging to get answers. Education for Ministry was developed by the School of Theology in Sewanee Tennessee to provide a way for people to work through those questions. This four-year course of study provides the framework for groups to connect faith to their daily lives through reading and discussion.

EfM invites participants into small mentored groups. These small groups engage in meaningful study and dialog which help build the framework for understanding life and shaping actions as Christian Faith is deepened. The EfM seminar provides a curriculum that develops theologically informed, reflective and articulate laity.

As an EfM participant, you will learn how to articulate your faith, and how to shape your faith into action. Your EfM experiences will lead you to become involved in ministries in our community where you can make a difference. We would be glad to schedule a Zoom meeting with you to learn more about EfM. We hope you will want to join us in September.

Have questions? Contact Karen Clark (clarklc11@gmail.com) 910.232.2427.

Service Opportunities

If you are interested in learning how you can serve with our church family, there are tons of great ways to get involved! Here are a few ministry opportunities with immediate availability to serve (aka, we need you):

- Lectors/Readers
- Acolytes/Crucifers
- Greeters
- PenPals

- Altar Guild
- Ushers
- Wedding Guild
- Chalice/LEM
- Lemonade & Cookies
- Office Volunteer Ministry
- Parish Shop
- St. James Choir

ON THE HORIZON

"TELLING YOUR STORY" GUIDED AUTOBIOGRAPHY CLASSES

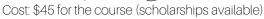
This fall, join us for a special class with the Rev. Mary McKnight, Certified Instructor of Guided Autobiography. This course encourages us to reflect on our spiritual and mental growth as part of our Living Well series. This 7-part course begins on Wednesday, September 7th at 10:00 a.m. in the Graham Parlor!

Life is a story, with all of its ups and downs; challenges and discoveries. Guided Autobiography offers a series of themes and unique resources to help participants recall, organize and write their stories, two pages at a time. The seven-week process often allows participants to gain new perspective on their lives. Sharing parts of their story in a small group committed to confidentiality can bring insights not available from simply writing or journaling.

Guided Autobiography is a 45-year-old research-based program that has helped many people to recall and share their life stories. This class is for YOU if you want to write your stories, even if you have never thought of yourself as a "real" writer. Mary McKnight is a retired pastor who has led many small groups, including writing groups and retreats. She knows from experience that being in a Guided Autobiography group can be a rich and quite meaningful experience. The stories

generated from the class could well become a legacy gift to hand down to your family. After all, who wouldn't treasure a few pages written by one of their great-grandparents?

2-hour classes for 7 weeks: Exact dates and time to be determined based on interest, most likely a weekday morning beginning mid-September.



Please contact the Rev Cheryl Brainard at cheryl@stjamesp.org if this course is something that interests you. Space is limited.

VESTRY RETREAT

August 5 & 6

Please set aside some time to be in prayer for our Vestry as they gather together to plan for fall at St. James. We are so thankful for all of their hard work and dedication to the ministry of our church.

SAVE THE DATES: PARISH RETREATS

Save the dates! Get ready for some long-range planning. The Trinity Center is in popular demand and we've got some dates on the books. The Parish Retreat 2023 will be from September 29th - October 1st and the Parish Retreat 2024 will be held from September 27th - 29th.





FALL FAITH FORMATION





We're so excited to be kicking off a new year of Faith Formation on September 18th! Sunday mornings will offer exciting options for adults, youth, and children. On Kick-Off Sunday we'll be sharing our full schedule of anticipated offerings for both Sunday morning and weekday opportunities to worship. Morning Prayer, Wednesday Eucharist, Living Well in the Midst of Grief, and Episcoposse are continuing to be offered year-round. Visit the St. James Website to see our schedule for the weeks ahead.

Outreach & Community

OUTREACH SPOTLIGHT: ONE LOVE TENNIS

The mission of One Love Tennis is to empower and inspire young people, ages 5-12, especially those at risk, to positively change their lives through participation in a tennis and

academic enrichment program. Lenny Simpson - or Coach Lenny as his students call him - together with his wife JoAnn, established One Love Tennis in 2013. Now the Program is run and operated from Dr. and Mrs. Eaton's home at 1406 Orange Street, where Lenny learned to play tennis as a young person growing up in Wilmington. There Lenny and JoAnn provide a safe venue for tennis practice, lessons, matches, and academic tutoring. For more information, please visit *one.love.tennis.org*.

M.O.M. & ONE LOVE

Join Men on a Mission in mentoring students in the These are some of the kids need help the most!



Call for Volunteers: Rise Against Hunger on Saturday 24 September 2022

We're partnering again this year with Rise Against Hunger to combat food shortages around the globe. In particular, the war in Ukraine has impacted food shortages worldwide. Rise Against Hunger allows us to serve folks in 76 different countries who are experiencing hunger and food insecurity.

Who: You! Join your St. James church family and others from the Wilmington area in this meaningful service project. Child care is provided for very young children; we welcome you to bring older children to participate alongside you.

What: Over the course of two shifts, we will prepare packages of food which Rise Against Hunger will then distribute near and far. We will provide all of the supplies needed. Volunteers will need to sit or stand in one location for an hour and be able to lift up to ten pounds.

When: Saturday, 24 September 2022. Shifts will begin at 9:00 a.m. and 10:30 a.m. You are welcome to join for one or both shifts.

Where: Perry Hall at St. James Parish

Please RSVP by visiting *stjamesp.org/rah*. Questions may be directed to Don Brainard at *dabrainard12@gmail.com*. We need 200 volunteers to support this event.

What is Rise Against Hunger? - From the RAH website

In 1998, envisioning a world without hunger, Ray Buchanan — a United Methodist minister — founded Stop Hunger Now with the goal of providing food and other assistance to people facing hunger around the world. Stop Hunger Now rebranded to become Rise Against Hunger in 2017 and still remains driven by Ray's vision of a world without hunger.

Driving Rise Against Hunger's work is the recognition that ending hunger is more than just feeding people. Through our Pathways to End Hunger, we focus on both providing immediate nourishment for those in need today and implementing sustainable solutions that will lift entire communities for years to come. This is done through several different pathways, Empowering Communities, Nourishing Lives, and Responding to Emergencies

Rise Against Hunger recognizes that hunger will not end without the fourth pathway of Growing a Global Movement by engaging hundreds of thousands of volunteers and advocates each year through our meal packaging program, virtual engagement opportunities and other initiatives. These Hunger Champions build awareness and activation surrounding the importance of ending world hunger.









THRIVE AT 75 PLAYGROUND FUNDRAISER UNDERWAY!

The Thrive at 75 Fundraising Campaign is well on its way! As you may know, this year marks the 75th anniversary of St. James Day School. Our plan to commemorate this grand achievement is by raising \$75,000 to go towards renovating and refreshing our playground! The playground has seen a lot of love over the past years, and also a lot of wear and tear. We have met with Atlantic Coast Playground group to install a safe, new facility.

Plans currently include:

- A new large climber
- Two swing sets
- Four animal spring riders
- A small toddler climber/area
- A new storage shed
- · Turf for the area where the children gather

With your help, we plan to have the new playground installed before the start of the 2022-23 school year. We hope you will consider making a gift of any amount to see this new playground come to fruition. Have questions?

Reach out to *Communications@stjamesp.org* Pledge cards are available at the day school.



FROM MS. ANSLEY

I am incredibly grateful for the warm welcome I have received from the St. James Parish Staff and Community! It feels like coming home being back at SJDS. I was a teacher at the Day School for 5 years prior to my job as a kindergarten teacher at New Horizons Elementary School. My first day on the job was during the Christmas in July SJDS summer

camp. I stood outside and watched the teachers open car doors while smiling children were greeted with love. I was particularly struck when a little one got out of the car with a few tears. The teacher next to me immediately scooped him up and talked to him about the fun they were going to have that day. It was just what I would have wanted someone to do for my own children. I thought about my own children and how they graced the halls of the Day School when they were little. I am grateful for the love their teachers poured into them and the foundation of learning that was instilled. Some of these teachers are still at SJDS. How blessed am I to work beside these wonderful educators! Every day since I started, I find myself eager to get in the car and make the drive downtown. I am busy getting ready for the Day School ready for the 2022-2023 school year. I can't wait to open the car doors and greet all my new friends. If you have questions or you want to talk, my door is open. I look forward to our year together! In God's Peace, Ansley Trask

CELEBRATING OUR NEWEST CHURCH MEMBERS

This summer has seen so many happy moments welcoming little one's into Christ's family through the sacrament of Holy Baptism. In July, we spotted some of our younger family members gathering at the entrance of Mt. Lebanon Chapel to witness one of these special Sunday mornings.



Youth Opportunities



A FEW FAVORITE MOMENTS

Here are some pictures from the past. They are reminders that St James Youth Ministries is preparing for the joy of getting back into rhythm as we worship, play, service, and enjoy the JOY of serving Jesus! Flocking, "Dogs on the Dock", Community Building Activities, Serving Other People..... these pictures express some of the wonderful aspects of our time together. St James Youth Ministries 2022 - 2023 is looking forward to A bike Trip on the Virginia Creeper Trail in the mountains, Happening at Trinity Center with Web Cowden serving as the "rector" (the youth leader), "Out of the Darkness Suicide Prevention Walk", Youth Group, Weekly Morning Bible Studies at Starbucks, Service Opportunities in Wilmington and in other places, Winterplace Ski Trip, New Beginnings. In addition to our Glory Ridge Mission Experience 2023, St James Youth Ministries is working with the Diocese of Ecuador to create a Mission Experience in Ecuador, Summer 2023. More information on all of these events, activities, and opportunities will be coming your way as their details are confirmed! Love you! - Cookie







WEDNESDAY YOUTH BIBLE STUDY: Summer Bible Study with the St. James Youth continues. With everyone on the move, keep in touch with Cookie to make sure you've got the latest for time and location. cookie@stjamesp.org



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ST. JAMES PARISH



EST. 1729

Rector The Reverend C. Phillip Craig, Jr.
Associate Rector The Reverend Cheryl Brainard
Associate Rector The Reverend Joseph "Gray" Hodsdon
Organist Choir Master John Sullivan | Parish Administrator Florence Ellen Cowden
Parish Coordinator Bill McKenzie | Finance Administrator Maria Hollopeter
Youth Minister Cookie Cantwell | Children's Minister Shannon Lockamy
Day School Director Ansley Trask | Communications Director Erin Becker | Registrar Marybeth Tallman
Facilities Manager Wes Clewis

VESTRY arden Steve Th

Senior Warden Steve Thomas Junior Warden Leslie Jarrett

Treasurer Mike Brown | Clerk Diane MacAskill
Class 2022: Caroline Cone | Berta Hamilton | Brian McMerty | Steve Thomas
Class 2023: Kay Dougherty | Tom Hackler | Leslie Jarrett | Al Marr
Class 2024: Rachel Colonna | Web Cowden | Alex Murchison | Barbara Whitesides

Contact Us

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